



Starts @ **9:00 AM**

@ **Little Talbot Island State Park**

**Registration is \$30** includes entry to the park!


**JOIN US FOR OUR 1<sup>ST</sup> ANNUAL 5K THROUGH LITTLE TALBOT'S BEAUTIFUL BEACH DUNES.**

**HURRY! Only 150 runners/walkers can participate in this event!**

**Online registration:** [RaceSmith.com](http://RaceSmith.com)

**Paper registration:** Please complete the form on the back and return in-person to the Little Talbot Island Ranger Station OR via mail to 12157 Heckscher Dr, Jacksonville, FL 32226. Make checks made payable to: *Friends of Talbot Islands*

**EARLY NUMBER PICKUP** to avoid race day lines- **Friday October 9<sup>th</sup>**, time and location TBA via email. Race day check-in begins at 8 AM. Unique prizes for single overall M/F and top in 5 year age groups. **Little Talbot Island State Park has limited parking. Don't forget to carpool!**

Professional Timing provided by 

**Hosted by the Friends of Talbot Islands State Parks,** a citizen support organization and 501(c)(3) non-profit organization for the seven state parks that comprise the Talbot Islands.

**We are 7 parks strong!**

*The peregrine falcon is said to be the fastest bird, reaching speeds of 200+ mph when diving for prey!*

Learn about us and become a member on race day!



October 10, 2015 @ 9:00 AM

@ Little Talbot Island  
State Park

Registration is \$30  
Checks payable to *Friends of  
Talbot Islands*

## **Falcon Flyaway 5K Registration Form**

**Paper registration:** Complete the form below and return in-person to the Little Talbot Island Ranger Station OR via mail to 12157 Heckscher Dr, Jacksonville, FL 32226. Please submit a separate registration form for each runner/walker. Please print legibly.

**Questions?** Email us at [friendsoftalbotislands@gmail.com](mailto:friendsoftalbotislands@gmail.com)

First Name:		Last Name:		M.I.
Gender:	M	F	Date of Birth:	Age on Race Day:
Street Address:				
City:		State:	Zip Code:	
Phone Number:				
Email Address: **Email required for race communications**				
Shirt: Adult OR Youth		Shirt Size: S M L XL		

**Waiver must be read and signed before submitting:** I agree to comply with all rules and regulations of Falcon Flyaway 5K event. I know that participating in this event is a potentially hazardous activity. I am aware of and assume all the risks associated with running/walking this event, including, but not limited to, death, serious injury and loss, related to; falling, cardiac arrest, contact with other participants or objects along the course, insect stings, animal bites, abrasions, sprains and breaks. I certify that I am physically and mentally fit, have trained sufficiently in similar conditions to participate in this event, and have not been advised otherwise by a qualified medical person. Having read and understood this waiver, I and anyone acting on my behalf, waive and release Friends of Talbot Islands State Parks, Inc., Florida Department of Environmental Protection, RaceSmith, all sponsors, donors, volunteers, their representatives and successors from all claims or liabilities of any kind arising out of negligence or carelessness. I am solely responsible for any injury I may receive during my participation in the Falcon Flyaway 5K event.

Signature of participant/Guardian signature if under 18 years of age

Date