

Proceeds to Benefit

# THE TEARS FOUNDATION

# Rainbow of Hope 5K

Sunday, November 3, 2019 @ 8:00am  
European Village - 101 Palm Harbor Pkwy.  
Palm Coast FL, 32137

Registration and Packet Pickup @ 7am

## The Rainbow of Hope 5K

This 5K course is a chipped and certified course. USATF Certification # FL14141EBM.

There will be Finishers medals, and goodie bags for all participants. Water stations will be placed throughout the course.

## Entry Fees

\$25 on or before October 20th \* T-Shirt Guarantee

\$30 from October 21- November 2

\$35 Day of Race

\$10 T-shirt purchase only option ( add'l \$2 for double sizes.

## Prizes and Awards

Prizes for overall top male and female. Also prizes in the following categories to top three male and top three female:

9 and Under; 10-14; 15-19; 20-24; 25-29;  
30-34; 35-39; 40-44; 45-49; 50-54; 55-59;  
60-64; 65-69; 70- Over

## Race Packet Pick Up

European Village  
101 Palm Harbor Pkwy Palm Coast, FL. 32137  
Saturday, November 2, 2019 from 4-6pm

Proceeds from this event will benefit The TEARS Foundation - a 501 (c) (3) Organization.

For more information Please contact Jessica Pierre (954)328-1957 [JessicaP5304@gmail.com](mailto:JessicaP5304@gmail.com)

Register Online at: <http://racesmith.com/races/RainbowofHope5K.html>

Register by mail at: The TEARS Foundation  
11102 Sunrise Blvd. East  
Suite 112. Puyallup, WA 98374 (Donation processing)

## Registration Form

Name: \_\_\_\_\_ Gender **M / F** Age Race Day \_\_\_\_\_ DOB: \_\_\_\_\_  
(CIRCLE ONE)

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

I am registering for \_\_\_\_\_ The Rainbow of Hope 5K \_\_\_\_\_ T-shirt Only

**Circle one shirt size - Adult:** S M L XL 2XL 3XL

\*\* Additional cost of \$2.00 for Double sized T-shirts. Registration fee is non-refundable. Make check payable to The TEARS Foundation.

## Disclaimer

In Consideration of my application in The Rainbow of Hope 5K , I do hereby release and discharge The TEARS Foundation, and all race sponsors, volunteers, and employees from any and all liability for their own negligence, for damage or injuries that I might receive during my participation, whether due to acts of third party or otherwise. I assume all risks associated with walking and running in this event, including but not limited to: falls, contacts with other participants, the effects of weather, ( including heat and/or humidity ), traffic, and the conditions of the road. By my signature, I attest that I am physically fit and well trained to participation the event on November 3, 2019.

I hereby release The TEARS Foundation and Sunny Marie Photography to use my image for display, distribution, publication, transmission, or otherwise use photographs, images, and/or video taken for use in materials that include, but may not be limited to, printed materials such as brochures and newsletters, videos, and digital images.

\_\_\_\_\_  
Print name of Participant.

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Parent, Guardian Signature if under 18

\_\_\_\_\_  
Today's Date