

# SPRING-4-A-CAUSE

## 5K RUN / WALK

MARCH 23RD, 2019  
8:00 A.M.  
RIVERVIEW CLUB  
790 CHRISTINA DR.  
ST. AUGUSTINE, FL  
USATF COURSE  
CERTIFICATION  
#FL10015EBM

REGISTER ONLINE  
WITH  
RACESMITH.COM

REGISTRATION FEES:  
EARLY REGISTRATION \$25  
AFTER MARCH 1<sup>ST</sup> \$30  
DAY OF RACE \$35

PRE-RACE PACKET PICK UP:  
FRIDAY MARCH 22ND 3:30-7:00  
ST. AUGUSTINE SHORES GOLF COURSE  
707 SHORES BLVD.  
ST. AUGUSTINE, FL 32086

### PEDRO MENENDEZ BOOSTER CLUB

600 State Road 206 W.  
St. Augustine, FL 32086

Race Contact:  
PMHSspring4acause5K@yahoo.com

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Date of Birth \_\_\_\_\_

Age on Race Day \_\_\_\_\_

Gender (Circle) M / F

Shirt Size Youth/Adult Small/Med/Large/X-Large/XXL

Fee Paid \_\_\_\_\_

Checks Payable To:

Pedro Menendez Athletic Booster Club

**Release:** In consideration of the acceptance of my application to participate in the Spring-4-A-Cause, I do hereby release and discharge the Pedro Menendez Athletic Booster Club, RaceSmith Inc., The St. Augustine Shores Service Corp., the Riverview Club, the County of St. Johns, the State of Florida Department of Transportation, all race sponsors, servants or employees from any and all liability for their own negligence, for damages or injuries that I might receive during my participation, whether due to the acts of third persons or otherwise. I attest that I am physically fit and well trained to participate in the Spring-4-A-Cause on March 23, 2019.

Signature and Date \_\_\_\_\_

Let us  
run with  
ENDURANCE  
the race set  
before us  
HEB 12:1  
Running  
for  
Refina