

Hold Harmless and Indemnification Agreement

I, _____ (“Releasor”) whose address is _____

will hereby forever release, hold harmless and indemnify St. Johns River State College, its agents, officers, employees and successors from any and all claims or causes of action, including claims of negligence, damages, loss, liability or expenses, including reasonable attorney’s fees arising out of or resulting from any activity by myself or any agent, officer, employee, successor or assign of myself, resulting from participation in the SJR State College Foundation sponsored Viking 5K Run to begin at the Bronson-Mulholland House on May 28, 2016. I understand that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter or participate unless I am medically able and I am properly trained, and by my signature, I certify that I am medically able to participate in this event, I am in good health, and I am properly trained. I assume all risks associated with running or walking in this event, including but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road. Releasor acknowledges and agrees this release covers ALL damages, whether or not contemplated at the present time, and it includes results undeveloped and then known at the present time as well as those known.

Executed this _____ day of _____ 20__.

(Print name of participant)

(Signature of participant if over 18)
Parent or guardian (required if under 18)

(Print name of Releasor)

(Signature of Releasor)

Presenting Sponsor



SPONSORSHIP OPPORTUNITIES

The Viking 5K attracts hundreds of runners including local and surrounding areas. Consider sponsoring the Viking 5K Run in 2016. Sponsorship form and additional information can be found at <http://www.sjrstate.edu/viking5k>

Sponsorship Levels

Gold \$500

Silver \$250

Bronze \$100

For additional race information and online registration, visit

SJRvikings.com



(386) 312-4100

SJR STATE COLLEGE NON-DISCRIMINATION STATEMENT: St. Johns River State College does not discriminate against any person in its programs, activities, policies or procedures on the basis of race, ethnicity, color, national origin, marital status, religion, age, gender, sex, pregnancy, sexual orientation, gender identity, genetic information, disability, or veteran status. All questions or inquiries regarding compliance with laws relating to non-discrimination and all complaints regarding sexual misconduct or discrimination, may be directed to the Title IX Coordinator/Equity Officer, St. Johns River State College, 5001 St. Johns Avenue, Palatka, Florida, 32177; 386-312-4070.



VIKING 5K RUN

**ST. JOHNS RIVER STATE COLLEGE
PALATKA, FLORIDA**

Presented by



**Saturday, May 28, 2016
Race begins at 8:00 a.m.**

**Bronson-Mulholland House
100 Madison Street
Palatka, Florida**



Entry Fees

Pre-registration = \$25

Race-day Registration = \$30

SJR State Alumni, Employees and Students = \$20

T-shirts

Viking 5K Run T-shirts will be distributed to all participants registered by 5/13/2016. Participants not registered by 5/13 will receive T-shirts on a first-come, first-served basis.

Awards

The overall male and female winner of the Viking 5K Run will receive \$100.

1st, 2nd, & 3rd place prizes will be awarded to both male and female runners in the following age groups: 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & up.



Registration and

Pre-Race Packet Pick Up

Pre-race day packet pick up is available on Friday, May 27, from 5:00 - 7:00 p.m. at the Bronson-Mulholland House, 100 Madison Street, Palatka.

Pre-registration is encouraged.

Registrations will be accepted the morning of the race. Race-day registration and race packet pick up will begin at 6:00 a.m. the day of the race. This will be a chip-timed race. Runners can pick up their time chip when they check in and get their race day packets.

Please note: Parking in the downtown area will be limited due to Blue Crab Festival activities.

Online registration and the 5K race route is available at:

SJRvikings.com

For more information, contact the SJR State Foundation Office at 386-312-4100

About the Viking 5K Run

The Viking 5K Run is a fun-filled event welcoming runners, health-walkers, families and anyone who seeks to raise their heart rates and support St. Johns River State College's athletic programs. All proceeds are deposited by the SJR State Foundation and administered by the SJR State Athletic Association according to the needs of the athletic department and student-athletes.

Viking 5K Run Registration

First Name: _____

Last Name: _____

Organization: _____

Mailing Address: _____

City, State, Zip: _____

Email Address: _____

Phone #: _____

Birth Date: _____ Age on Race Day: _____

Gender: Male _____ Female _____

Amount enclosed: \$ _____

*Please make checks payable to
St. Johns River State College Foundation*

Circle One:

____ Child T-shirt: S M L

____ Adult T-shirt: S M L XL XXL

Registration forms can be mailed to:

St. Johns River State College Foundation
5001 St. Johns Avenue
Palatka, FL 32177

In the event of inclement weather, emergency or a natural disaster, the SJR State Foundation reserves the right to cancel or delay the race. In the event of a cancellation, entry fees will not be refunded.