

The Mason Manatee Relay for Life Team is holding a 5k run/walk at 8:30 am on Saturday, March 27, 2010. All proceeds from this event will be donated to the American Cancer Society to benefit cancer patients and their families, including research to treat and cure this disease.

Please consider helping this worthwhile cause in one of the following ways:

- Run/walk the 5k
- Make a tax deductible donation
- Sponsor the race
- Join our Relay for Life Team
- Form your own Relay for Life Team:
www.relayforlife.org/pedromenendezfl

Race and registration information is included in this flyer.

For questions about the race or information on the bulleted items above, please contact Melinda Stevens:

slidermomma@yahoo.com



Relay For Life® One day. One

night. One community: By participating in an American Cancer Society Relay For Life® event near you, you honor cancer survivors, pay tribute to the lives lost to the disease, and raise money to help fight it – all right in your community.

The race will take place at the Riverview Club in the St. Augustine Shores Community.

Event highlights:

- RFID chip timing certified course pending
- Online registration available:

<http://www.abooma.com/EventManager/GetEventDetail.do?eventId=4590>

- award to overall female & male winner
- recognition to top finishers in various age categories
- Loop course (start & end in same location)
- Early registration discount (by 3/23)
- Drink stations
- T-shirts for all **pre-registered** participants (sizes not guaranteed for race day registration)
- Ample parking

Entry Fees: Non-refundable	
Mail-in (until 3/23/10).....	\$20
Online registration (ending 3/23).....	\$20
Day of Race.....	\$25

PRERACE PACKET PICKUP:

Wednesday, Thursday & Friday

March 24th through March 26th

3:30 – 7:00 pm

Mason Elementary School

207 Mason Manatee Way

St. Augustine, FL 32086

RACE REGISTRATION: PLEASE PRINT

Name: _____

Address: _____

Phone number: _____

Email: _____

Age: _____

Sex: M F

Age group: (circle one)

11 - 14 15 - 18 19 - 24 25 - 29 30 - 34 35 - 39
40 - 44 45 - 49 50 - 54 55 - 59 60 - 64 65 - 69
70 - 74 75 and above

T-shirt size: (circle one)

Youth: small medium large

Adult: small medium large extra large
2X 3X

Make checks payable to:

Mason Relay for Life
207 Mason Manatee Way
St. Augustine, FL 32086

RELEASE: In consideration of the acceptance of my application to participate in the Spring 4 a Cure, I do hereby release and discharge the Mason Manatee Relay for Life Team, the County of St. Johns, the State of Florida Department of Transportation, all race sponsors, servants or employees from any and all liability for their own negligence, for damages or injuries that I might receive during my participation, whether due to the acts of third persons or otherwise. I attest that I am physically fit and well trained to participate in the Spring 4 a Cure on March 27, 2010.

signature and date

Mason Manatee Relay for Life Team

Vicci Arnold Susan Breda Lisa Bryant
Sally Cunningham Molly Grossholz Martina LeBlanc
Brittany Lescroart Tommy Lescroart Kristin Meek
Eileen Strange Laura Strauss Jeff Stevens
Melinda Stevens

Sponsorships dedicated to:

In Memory of Pat Wiseman

In Memory of Karen Senderling

In Memory of Eleanor Holt

In Honor of Jenny Albanesi

In Memory of Michael Weaver

In Honor of Kae Spoerl

In Memory of Joan Jackson

Sponsors:

Great American Bagel 819-9282

Currie Bros. Market 794-9059

Pactiv 888-828-2850

Smoothie King 825-6770



Simply "Medical" Billing 794-7434



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www.arcontractor.com



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St. Augustine Medical Equipment
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800-345-6336

Fishbites 827-9441

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Farris Accounting 824-2726

Animal Home Health Pet Stop 797-2477

Antigua Orthodontics 829-8899

Alexander Dental 940-5757

Mason Manatee Relay for Life Team
presents:



5K Run/Walk

benefitting the American Cancer Society

March 27, 2010

8:30 am

Riverview Club, St. Augustine Shores, FL
RAIN OR SHINE!

Race contact:

slidermomma@yahoo.com

Title Sponsorship by:

